



# CASA NEWS

No 110, March 2023

Casa Caritas is a Home that provides loving care and stimulation, either full-time or part-time, to people with severe intellectual and physical disabilities within our care protocol.



(011) 976 3457/3417



PO Box 12405, Aston Manor, 1620



[casacaritas@telkomsa.net](mailto:casacaritas@telkomsa.net)

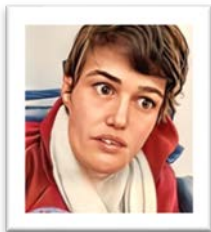


[www.casacaritas.org.za](http://www.casacaritas.org.za)

Chief Executive Officer: Adri Kruger 072 107 1989

Parent Representative: Claus Coetzee 079 506 9089

Newsletter Editor: Olga Coetzee 082 454 2140



## Erratum

In Casa News February 2023 Nadia Swanepoel's photo appeared in the birthday section, but with San-Marie van Heerden's name. We trust Nadia had a good birthday on 26<sup>th</sup> February. San-Marie's birthday is this month, and the correct details appear in the birthday section on the last page.

## Meet our new Board Member

Herman Human has joined as our new Financial Board member effective 1 March 2023, taking over from Danie Nel. Herman is a Chartered Accountant (CA(SA)) and works as Management Information Manager for Sasfin Bank Limited's Trade and Debtor Finance business. He resides in Benoni, so he is never too far away. He is married and has a 10-year-old daughter. When asked to join the Casa team, it took all of 2 seconds to say "YES!". In his spare time, he enjoys exploring South Africa. Welcome Herman, we wish you a meaningful experience with Casa Caritas.



## Management changes



**Adri Kruger** (left) is planning to retire at the end of August 2023. **Chantell Kriel** (right) has been appointed as Assistant CEO effective 1 March 2023. Adri will be on leave for April and Chantell will act in the role of CEO. The handover from Adri to Chantell will take place between May and August. Congratulations Chantell, and good luck both of you for this very important period of grabbing hold and letting go.



## Life at Casa Caritas

Therapy at Casa is always fun! One day Sister Bongi and the Care Workers decided that it would be “make-up” day for residents. A lot of fun was had by all. Devon Moss (right) and Ronele Pubalaken (below right) are showing off their beauty.

In another activity Sianne Bryant (below) is colouring in pictures with Portia, a student from Arwyp who completed a week of practical learning at Casa Caritas (below)

## ...and Farewell

Sianne Bryant will be leaving Casa Caritas at the end of March. Her parents stay in Klerksdorp and are finding the travel distance challenging. Sianne has been a ray of sunshine at Casa since she was admitted in February last year. Her loud laughs and shrieks will be missed in our passages!



Physical therapy is part of the routine at Casa Caritas. Stiaan Hattingh (left) is one of the residents who enjoys his time stretching and moving on the apparatus.



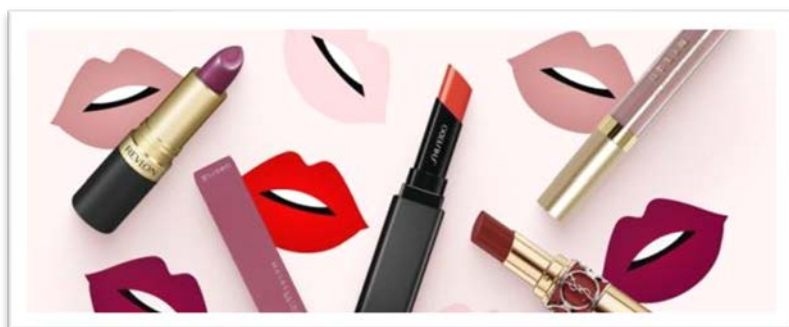


Alma Swanepoel and Sianne Bryant caught on camera in an intense conversation 😊



## National Lipstick Day

We celebrated lipstick day on 10 March. The staff were all given Red Lipstick and a lollipop on the day. The day shift (far below) show off those beautiful lips. The office staff (right) also tried..... 😊



## National Milk Tart Day

We celebrated Milk tart Day on 28 February. Each staff member received a slice of South Africa's beloved tart with a recipe to try and make at home.



## Thank you

**John Bear** generously donated chips again for our residents' snack times. We are grateful for his continuous support.

Synergy Sterilisation SA (right), a STERIS Company who have been involved with us for a few years now, brought along Jan de Jong (Regional Director from Netherlands) and a one of their new employees, Elizabeth Maripane, on their latest visit. They brought a donation of toiletries, groceries and preloved clothing for the charity shop. Thank you very much!



## Casa Caritas Wish List

Every month we have a need, and the list seems to keep growing. Our most urgent need for the upcoming month of April is:

- E-PAP
- Baby Powder
- Conditioner
- Disposable Razors
- Instant Pudding
- Long life Milk
- Bully Beef / Tinned Fish
- Wheelchairs



## Inspiration

Our new housemother, Wourene Roux, is keeping us up to date with all things taking place. She is responsible for nappies, clothes, and rooms. Her recent status was heart-warming and inspirational:

**“The greatest among you will be the one who always serves others from the heart.” (Matthew 23:11 TPT).**



## Loadshedding

Casa Caritas is having the same challenges any household with loadshedding, with the complication of the number of people we care for. Our generator is expensive to run. We have not included it into the annual fee increases, so we appeal to parents to bear with us when we don't run the generator the whole time the power is off. During stage 4 loadshedding running the generator every time, the power is off costs us approximately R10,000-00 for three days.

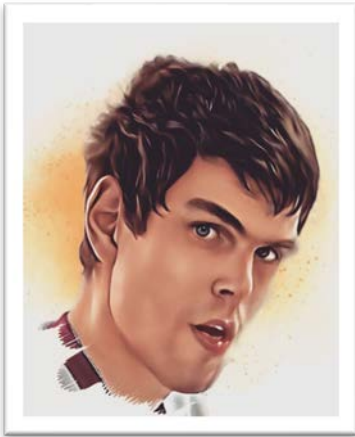


Diesel sponsorships will be welcomed from parents or the community to assist us to run the generator during crucial times in taking care of our residents.

*believe*

# Happy Birthday!

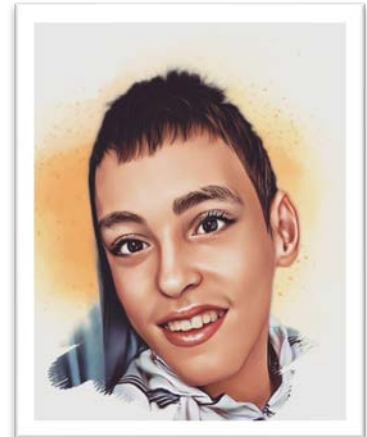
Hans-Gustav Coetzee (32)  
4 March 2023



Danny Coetzee (28)  
6 March 2023



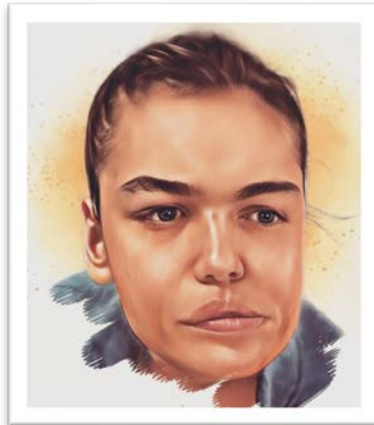
Warrick Myburgh (21)  
7 March 2023



Jason Strydom (15)  
17 March 2023



San-Mari van Heerden (32)  
21 March 2023



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📍 Woolies DASH is already available at the following stores:

[https://www.woolworths.co.za/content/article/app-content/woolies-dash/\\_/A-cmp212140](https://www.woolworths.co.za/content/article/app-content/woolies-dash/_/A-cmp212140)

Please make sure you have selected Casa Caritas as the beneficiary of your Woolies give-back.

## Classified advertisements

Place your advertisement in Casa News for only R50,00 for the size of the advertisement below left. Full page advertisements can be placed at R200,00. Payment to Casa Caritas: Absa Bank, Current account no 260231812, Universal branch 632005. Send the advert with proof of payment to [olga@olgacoetzee.com](mailto:olga@olgacoetzee.com).

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Casa Carita has vacant rooms for residents as well as space for day visitors. Applications for individuals 14 years and younger who are both physically and mentally handicapped, are welcome.

Each applicant is evaluated on merit.

Apply to [ceo@casacaritas.org.za](mailto:ceo@casacaritas.org.za).



**W**

**READY, SET,  
SWIPE...**

**TO MAKE A DIFFERENCE**

Swiping your MySchool card with Casa Caritas as your chosen beneficiary is one of the easiest ways to make a monthly contribution. No additional cost to you. MySchool takes care of everything in the background.

✝ Easter is celebrated in many ways: the holding space and remembrance of the death and rebirth of Christ, the familiar spicy cinnamon smell that ignites a deeply warm, feel-good sensation, and the sharing of family-time traditions with sweet treats & good-time games like the egg hunts & decorative egg painting.

The smells of nostalgia sway many tasty treats into our shopping baskets, especially during this family sharing and connection time. Let's share a little Easter giving together when you shop and sipe at MySchool partners: Woolworths, [loot.co.za](http://loot.co.za), Engen, Netstar, WorksheetCloud, and [Power24.co.za](http://Power24.co.za).