

## CASA NEW

No 120, January 2024

Casa Caritas is a Home that provides loving care and stimulation, either full-time or part-time, to people with severe intellectual and physical disabilities within our care protocol.

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https://www.facebook.com/profile.php?id=61552208365616





#### Thank you

PFERD came to visit us again and introduced new staff to us. We were blessed to receive a variety of groceries, toiletries, linen and clothing. Below: Leon Viljoen, Patricia Mohlakwana, Sarah Mofokeng, Mags Moodley, Denise Zeelie, Cindy Gerber, Hannes Els and Hluphi Mhlongo. Thank you very, very much!





**PFERD** is a high-quality tools solution company for surface finishing in manufacturing. They offer tools, drives and individual advice to optimise surface finishing and material cutting tasks.























#### SCROLL OF HONOUR

Casa Caritas would like to honour our regular benefactors without whom we would struggle to fulfil our purpose.























DE WIECKUS Stop n Go Spar

#### **De Wickus Medical Centre**











**AVK ELECTRICAL AND INDUSTRIAL** WHOLESALE (PTY) LTD





We still have four-balls available at R2 800,00 per four-ball.

We need sponsorships for our Golf Day - we require prizes and auction items. If you have anything of value that you wish to part with for charity, please contact our office.



Our first jumble sale for the year will take place on Saturday, 9 March 2024.

There will be furniture, clothes, books, toys and household items for sale.

Please support us and tell others about it!

We are making good progress with the renovation of our second-hand shop after the fire in October 2023. Watch this space.



#### Life at Casa Caritas

Noticed on the CCTV camera (right): Alma Swanepoel visiting Cheressa Cummings for a motherly cuddle.

Our residents love mealtimes, a time to not only get nourished, but also receive much-needed smiles and chats from our staff. Below:
Constance feeding Philip with Marzanne looking on and Jason settling into a nap after mealtime.





#### God's garden

The kiss of the sun for pardon, The song of the birds for mirth, One is nearer God's Heart in a garden, than anywhere else on earth.

> Dorothy Frances Gurney (1958 – 1932)



Our precious Hydrangeas delivered a beautiful single flower after Christmas.

Sunset is still my
favorite color, and
rainbow is second.

This is a wonderful day. I have never seen this one before.

There is something infinitely healing in the repeated refrains of nature—the assurance that dawn comes after night, and spring after the winter.

RACHEL CARSON

Southern Living

### Donations wish list

Our current wish list includes corned meat (Bully Beef), Pilchards canned fish, sugar, oats, maize meal, Weet-bix, and All Bran Flakes (diabetics). Our stock of fresh meat is low too. We can utilise minced meat and chicken.

We still need large wall-mounted fans for the hot summer days.

We would also like to introduce water therapy in the courtyard during the hot summer days and for that we need an Intex plastic swimming pool.

#### VACANT ROOMS AT CASA CARITAS 24/7 CARE

We have vacant rooms for residents and open spaces for day visitors. Applicants must be 14 years or younger. The age restriction applies only to admission. Residents stay for as long as they fit into our care protocol. For most residents Casa Caritas becomes their life-long home away from home.

Applicants must be both physically and mentally handicapped. Each applicant is evaluated on merit. Apply to <a href="mailto:ceo@casacaritas.org.za">ceo@casacaritas.org.za</a>.

#### Happy birthday!

Ilonka Steyn (38) 22 January 2024





# Opportunity for small businesses and community services

#### **Advertise in Casa News**

Place your advertisement in Casa News for only R50,00 per quarter page. Full page advertisements can be placed at R200,00.

**Payment to Casa Caritas:** 

Absa Bank Current account no 260231812 Universal branch 632005

Send the advert with proof of payment to <a href="mailto:olga@olgacoetzee.com">olga@olgacoetzee.com</a>.





Physiotherapy home visits in the East Rand

Physiotherapy rooms in Edenvale and Boksburg





#### Services offered

- · Chest physiotherapy
- · Neurological/paediatric physiotherapy
- · Physiotherapy for those with special needs
- Caregiver training

Working with those with special needs has taught me that every person is unique and special and has something incredible to offer the world - it's up to us as therapists to help them reach their full potential.

Alison Bradfield Physiotherapy claims directedly from medical aid.

#### CONTACT INFORMATION

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## Angie Diedericks

Suicide Prevention Program

#### "THIS TOO SHALL PASS"

(King Solomon-1852)

This free program assists South African adolescents aged 12 to 18 years who have suicidal thoughts and are in crisis. It is dedicated to Angie Diedericks, who was only 16 when she, sadly, took her own life. Visit our website if you need help – you will find WhatsApp and E-Mail links to counsellors. Remember:

#### ANGIE DOT ORG DOT ZA





