



# CASA NEWS

No 122, March 2024

Casa Caritas is a Home that provides loving care and stimulation, either full-time or part-time, to people with severe intellectual and physical disabilities within our care protocol.



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<https://www.facebook.com/profile.php?id=61552208365616>

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## Welcome to Casa

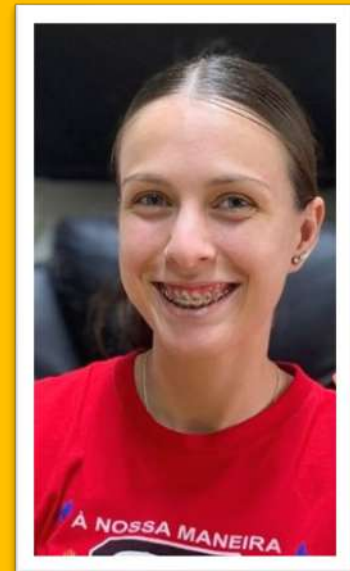
**Tumelo Mpela** joined Casa Caritas as a permanent resident on 1 March 2024. He enjoys music and being around people.



**Kurhula Mashele** joined Casa Caritas as a permanent resident on 1 March 2024 after being a day visitor for some time. Kurhula enjoys watching CocoMelon on TV during the day.



**Clarissa Kirstein** has been appointed to run our second-hand shop from 1 April 2024 after working in the office on a temporary basis since January 2024, assisting us to get shop ready to reopen on 2 April 2024. Welcome Clarissa!



We are so happy to have these two residents join our family. They are fitting into our programme well, and they are very happy.



## Thank you

Volunteers **Genevieve and Lilly** joined us at Casa Caritas for a morning to fulfil community hours for a school project. They played with our residents in our therapy room. Thanks for the visit!



**New Beginnings Christian Family Church** from Boksburg visited us on 28 March 2024 with a donation of groceries (right). Thank you very much!



The Managing Director of **Steris**, Christi, brought their Regional Director from the Netherlands and a few staff members to come and visit Casa Caritas during his work visit to South Africa. Thank you for taking time out from your busy schedule to come and see us again, and for the donation!





# Donations wish list

Our current wish list includes corned meat (Bully Beef), Pilchards canned fish, sugar, oats, maize meal, Weet-Bix, and All Bran Flakes (diabetics type). Our stock of fresh minced meat and chicken is also low.

We would also like to introduce water therapy in the courtyard during the hot summer days and for that we need an Intex plastic swimming pool.



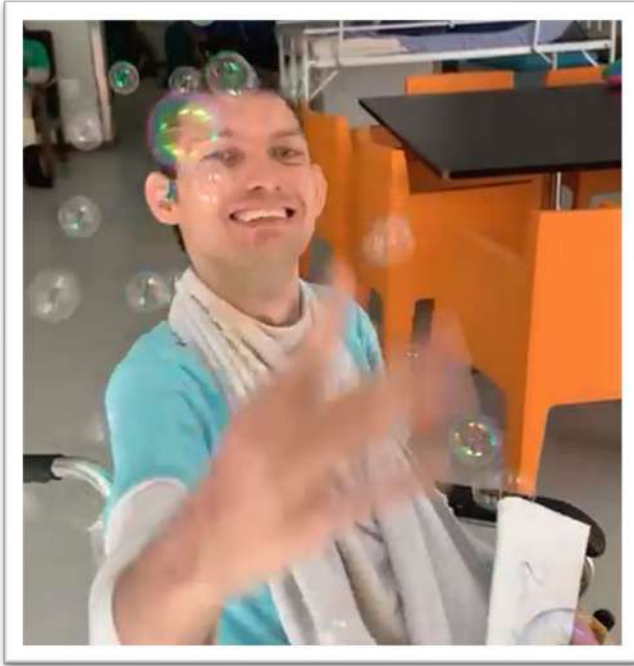
## VACANT ROOMS AT CASA CARITAS 24/7 CARE

We have vacant rooms for residents and open spaces for day visitors. Applicants should be physically and mentally handicapped and they will be evaluated using our care protocol. For most residents Casa Caritas becomes their life-long home away from home.

Apply to [ceo@casacaritas.org.za](mailto:ceo@casacaritas.org.za).

## Life at Casa Caritas

Our residents love fun and games and going outside. Wicus and Sister Bongi took a stroll in the garden (right). Residents love bubbles. Devon had loads of fun trying to catch the bubbles (below). Dannie Coetzee and Ronele Pubalaken enjoyed the Merry-go-round together (below right).



Our office ladies often tackle new and unusual challenges. Chantell Kriel and Natanya Holtzhausen (left) took to the floor to figure out how to make sitting bags to keep residents safe in their wheelchairs.



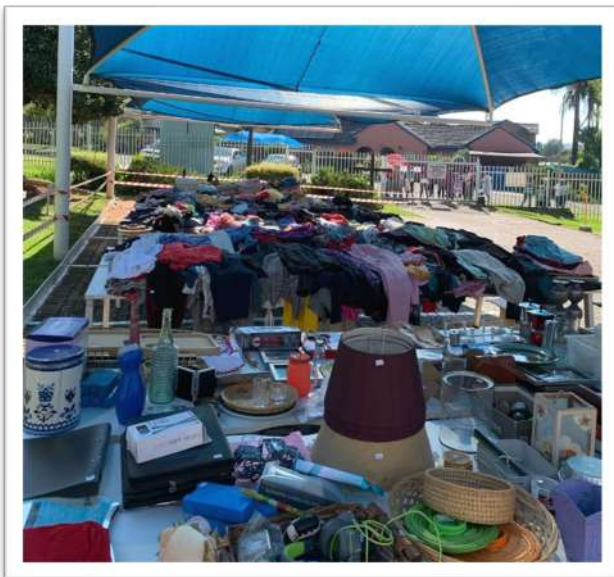
## Jumble sale

Our first jumble sale for the year took place on 9 March 2024. We are thankful for the money we raised from selling second-hand clothes and homeware donated by members of the community. There was a lot to choose from, but we also have a lot of stock left. Watch this space for announcement of future jumble sales.

We would like to thank everyone who pitched in to make the day happen!

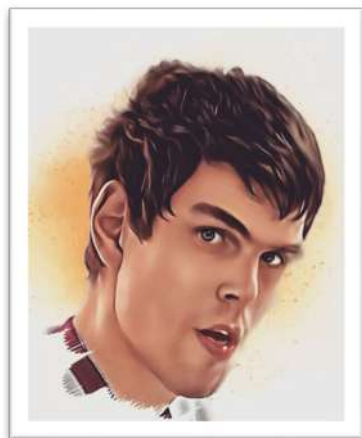


Our office ladies ready for business.



## Happy birthday!

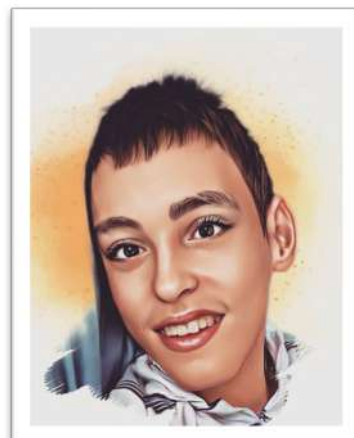
Hans-Gustav Coetzee (33)  
4 March 2023



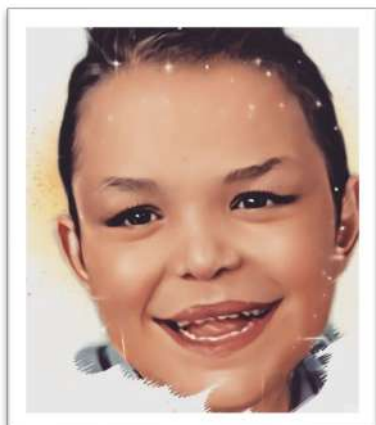
Danny Coetzee (29)  
6 March 2023



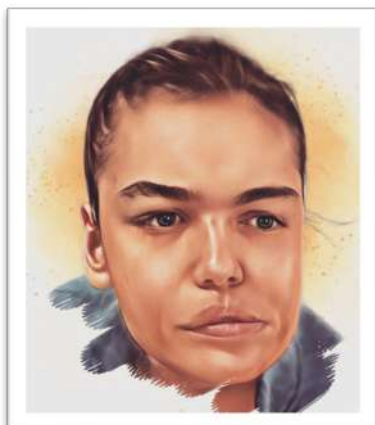
Warrick Myburgh (22)  
7 March 2023



Jason Strydom (16)  
17 March 2023



San-Mari van Heerden (33)  
21 March 2023



## Opportunity for small businesses and community services Advertise in Casa News

Place your advertisement in Casa News for only R50,00 per quarter page. Full page advertisements can be placed at R200,00.

Payment to Casa Caritas:

Absa Bank

Current account no 260231812

Universal branch 632005

Send the advert with proof of payment to [olga@olgacoetzee.com](mailto:olga@olgacoetzee.com).



# Angie Diedericks

## Suicide Prevention Program

**"THIS TOO SHALL PASS"**

(King Solomon-1852)

This free program assists South African adolescents aged 12 to 18 years who have suicidal thoughts and are in crisis. It is dedicated to Angie Diedericks, who was only 16 when she, sadly, took her own life. Visit our website if you need help – you will find WhatsApp and E-Mail links to counsellors. Remember:

**ANGIE DOT ORG DOT ZA**



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**https://PassionateAboutWebsites.co.za/**

## Happy Easter

We wish our Christian readers a Happy Easter. The week began with Palm Sunday, commemorating the day Jesus entered the city of Jerusalem and it continues with Holy Thursday also called the Last Supper, his crucifixion on Good Friday, and culminates in Easter Sunday, which marks his resurrection.

