



CASA NEWS

No 124, May 2024

Casa Caritas is a Home that provides loving care and stimulation, either full-time or part-time, to people with severe intellectual and physical disabilities within our care protocol.



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ceo@casacaritas.org.za



<https://www.facebook.com/profile.php?id=61552208365616>

Chief Executive Officer: Chantell Kriel 072 107 1989

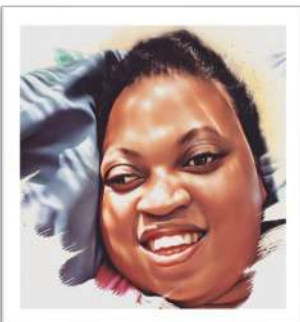
Parent Representative: Claus Coetzee 079 506 9089

Newsletter Editor: Olga Coetzee 082 454 2140



In loving memory

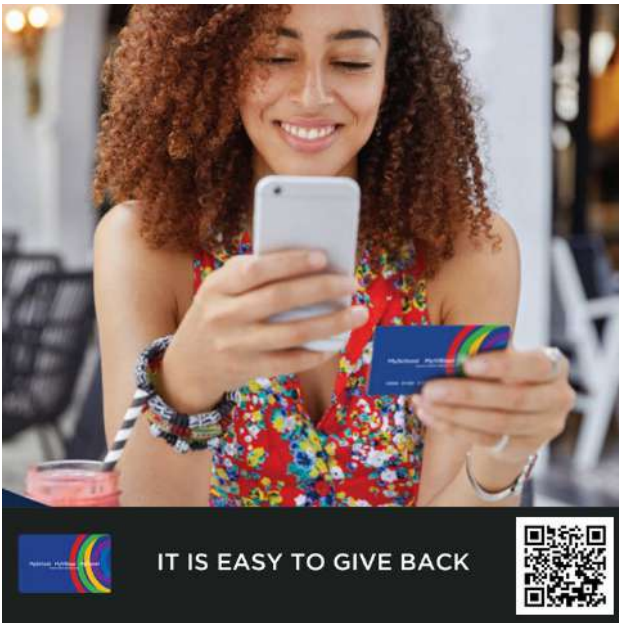
Our beloved resident Mosidi Molepo sadly passed away on Sunday 19 May 2024. Our deepest sympathy goes to her family. Mosidi will be greatly missed.



Mosidi's 27th birthday was celebrated in hospital on 18 May 2024.

She was surrounded by her loved ones who brought cake and balloons and celebrated her.

The staff from Arwyp hospital joined in singing happy birthday to her.



Thank you

We were blessed to have received various donations throughout the month of May. Norkem Park Primary donated personal care parcels (below) for our residents. Thank you, much appreciated!



Thank very much to the cell group of Maranatha Community Church Kempton Park for their donation.

We would also like to thank all our anonymous donors for the support every month. Angels seem to be tip-toeing into our Home, filling our pantry and bringing other much-needed items, clothes and money that enables the level of care we are able to provide for our residents. We salute all of you!

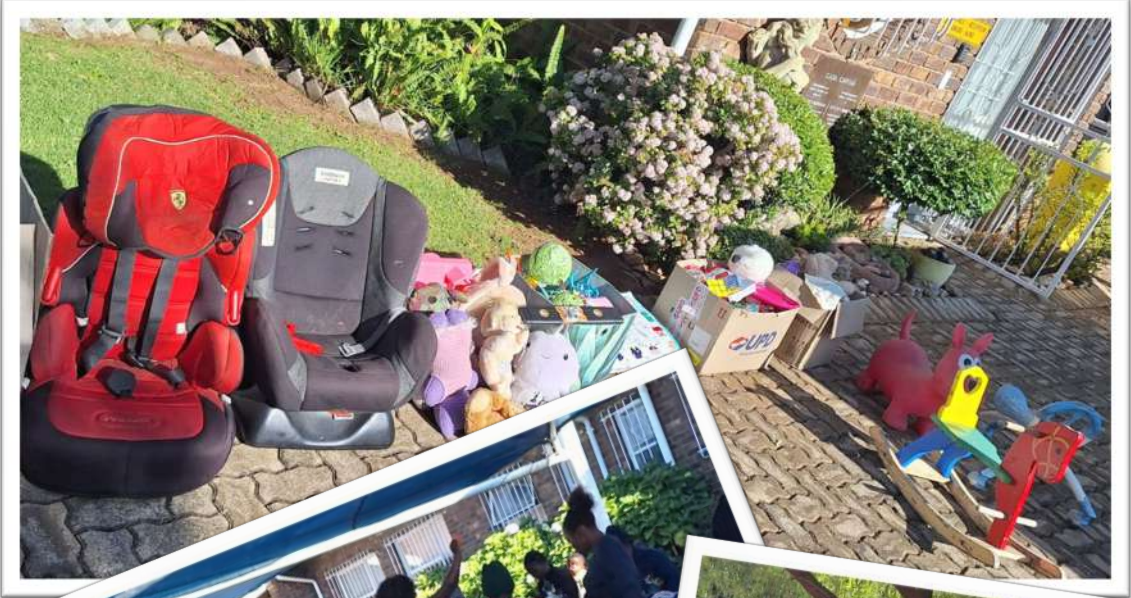
Neo Metswi and his wife delivered a generous food donation on behalf of their family. Thank you very much!



Thank you also to the Nederduitsch Hervormde Kerk Van Afrika in Kempton for their donation.

Fundraising

On Saturday 4 May 2024 we held our second jumble sale for the year. Thank you very much for the donations of clothes and other items that make these sales possible, also for members of the community who come and browse to find their special bargains.



Our next jumble sale will be on Saturday 27 July 2024.

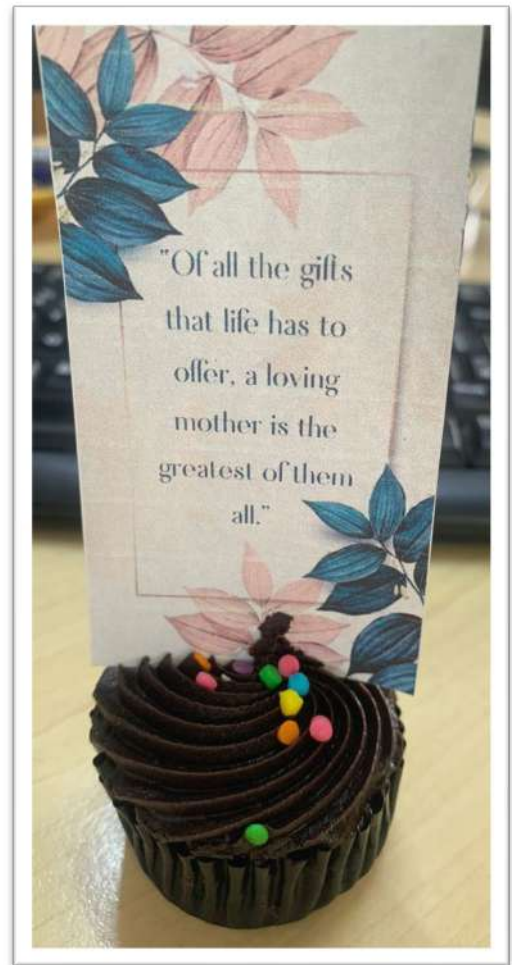
Mothers' Day

Staff on duty on Mothers' Day, 12 May 2024, each received a cup cake. Most of our staff have their own children, as well as the residents of Casa Caritas who they care for. We appreciate all of you, and all the mothers reading this newsletter. You rock!

Everything Mom

Joanna Fuchs

*How did you find the energy, Mom
To do all the things you did,
To be teacher, nurse and counsellor
To me, when I was a kid.
How did you do it all, Mom
Be a chauffeur, cook and friend?
Yet find time to be a playmate,
I just can't comprehend.
I see now it was love, Mom
That made you come whenever I'd call,
Your inexhaustible love, Mom
And I thank you for it all.*



Mandela Day

Mandela Day has been declared as an annual event to encourage everyone to take actions against poverty. It takes place on Nelson Mandela's birthday. It is based on the principle that we can all give a little bit of our time to have a positive effect on the life of someone else. We can all make a difference in our community and help change the world for the better!

Mandela Day is almost upon us. Has your company given any thought on how they would like to spend their 67 minutes?

Contact Chantell on 072 107 1989 to discuss projects we have available.



Donations wish list

Our current wish list includes corned meat (Bully Beef), Pilchards canned fish, sugar, oats, maize meal, Weet-Bix, and All Bran Flakes (diabetics type). Our stock of fresh minced meat and chicken is also low.



VACANT ROOMS AT CASA CARITAS 24/7 CARE

We have vacant rooms for residents and open spaces for day visitors. Applicants should be physically and mentally handicapped and they will be evaluated using our care protocol. For most residents Casa Caritas becomes their life-long home away from home. Apply to ceo@casacaritas.org.za.

YOU CAN'T ALWAYS PROTECT YOUR HEART;
SOMETIMES THE ONLY WAY TO BE SAFE
IS TO OPEN IT.



Opportunity for small businesses and community services: Advertise in Casa News

Place your advertisement in Casa News for only R50,00 per quarter page. Full page advertisements can be placed at R200,00. Payment to Casa Caritas, Absa Bank, Current account no 260231812, Universal branch 632005. Send the advert with proof of payment to olga@olgaacoetzee.com.

Angie Diedericks
Suicide Prevention Program

"THIS TOO SHALL PASS"
(King Solomon-1852)

This free program assists South African adolescents aged 12 to 18 years who have suicidal thoughts and are in crisis. It is dedicated to Angie Diedericks, who was only 16 when she, sadly, took her own life. Visit our website if you need help – you will find WhatsApp and E-Mail links to counsellors. Remember:

ANGIE DOT ORG DOT ZA



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Altruistic attitude inspires

Standing in the queue on voting day 29 May 2024, voters were getting impatient and they were complaining to each other about how inefficient the IEC officials were.

A young woman, when stepping up to the officials for her turn to vote, thanked them for their work. She said she knew some of them were volunteers and she appreciated that they gave up a holiday to help the democratic process of our nation. What a positive attitude! But there was more...

She asked them if they needed anything. They said they would love to have water. One person said he would like a snack. She went to a nearby supermarket and bought 16 bottles of water, a packet of apples, and energy bars for all of them. Young lady, your positivity and altruistic attitude bring tears to my eyes. If we could all think about how we can help rather than how we can find fault and criticise, our world would be a better place for everyone.

Altruism is the selfless concern for the wellbeing and happiness of others. It involves actions or behaviours aimed at benefitting others, even at one's own expense, without expecting personal gain. Altruistic individuals exhibit compassion, generosity, and a genuine desire to contribute to the welfare of others or society as a whole.

Ed.